City Compass
Community Explorer

COMMUNITY PROFILE REPORT

Community report
Ararat (RC)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA
Ararat (RC)

COMPARISON
Regional Vic.

POPULATION
Persons

GENERATED
31 March 2026

Included sections

1 selected topic will be included in this report.

01   Need for assistance

Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.

- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.

- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

Need for assistance

Ararat (RC) | Regional Vic. comparison | Persons

Community report section 1 of 1

Key takeaway

In 2021, 85+ year olds was the most common age group among residents who needed assistance with core activities in Ararat (RC), accounting for 49.6% (184 people). This share was higher than Regional Vic. (46.4%). Since 2016, the biggest change was in 85+ year olds, which increased by 67 people and 17 percentage points.

About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

Interpretation notes

– The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.

– It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

Need for assistance with core activities by age

Ararat (RC) – Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional Vic. %	Count	%	Regional Vic. %	Count	pp
0–4	5	0.9%	1.5%	9	1.6%	1.2%	-4	-0.7
5–14	59	4.8%	5.5%	39	3.1%	3.9%	+20	+1.7
15–19	30	5.4%	4.6%	23	3.8%	3.4%	+7	+1.6
20–24	19	3.4%	3.7%	22	4.1%	2.9%	-3	-0.7
25–34	45	3.1%	2.8%	26	2.1%	2.4%	+19	+1.0
35–44	41	3.1%	3.1%	45	3.3%	3.0%	-4	-0.2
45–54	75	4.9%	4.3%	74	4.6%	4.2%	+1	+0.3
55–64	135	7.7%	6.0%	133	7.5%	5.8%	+2	+0.2
65–74	151	9.2%	8.8%	132	8.9%	8.1%	+19	+0.3
75–84	170	18.6%	18.7%	125	14.9%	17.0%	+45	+3.7
85+	184	49.6%	46.4%	117	32.6%	42.3%	+67	+17.0
Total	922	7.8%	6.9%	751	6.5%	6.0%	+171	+1.3

Data basis: usual residence.