

# Community report

## Bega Valley (A)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Bega Valley (A)**

COMPARISON

**Regional NSW**

POPULATION

**Persons**

GENERATED

**31 March 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Bega Valley (A) | Regional NSW comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 75–84 year olds was the most common age group among residents who needed assistance with core activities in Bega Valley (A), accounting for 14.4% (446 people). This share was lower than Regional NSW (18.9%). Since 2016, the biggest change was in 65–74 year olds, which increased by 111 people and 0.6 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Bega Valley (A) - Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional NSW %	Count	%	Regional NSW %	Count	pp
0-4	20	1.3%	1.6%	22	1.5%	1.3%	-2	-0.2
5-14	154	3.9%	5.2%	103	2.7%	3.8%	+51	+1.2
15-19	56	3.2%	4.2%	55	3.1%	3.2%	+1	+0.1
20-24	54	4.2%	3.4%	44	3.7%	2.6%	+10	+0.5
25-34	98	3.2%	2.6%	75	3.0%	2.4%	+23	+0.2
35-44	110	3.3%	2.8%	102	3.3%	3.0%	+8	0.0
45-54	178	4.1%	4.2%	197	4.2%	4.4%	-19	-0.1
55-64	308	4.9%	6.0%	341	5.5%	6.2%	-33	-0.6
65-74	423	6.8%	9.1%	312	6.2%	8.7%	+111	+0.6
75-84	446	14.4%	18.9%	365	14.3%	17.8%	+81	+0.1
85+	424	38.9%	46.5%	390	39.0%	43.8%	+34	-0.1
<b>Total</b>	<b>2,273</b>	<b>6.3%</b>	<b>6.8%</b>	<b>2,001</b>	<b>6.0%</b>	<b>6.3%</b>	<b>+272</b>	<b>+0.3</b>

Data basis: usual residence.