

# Community report

## Blue Mountains (C)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Blue Mountains (C)**

COMPARISON

**Greater Sydney**

POPULATION

**Persons**

GENERATED

**30 March 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Blue Mountains (C) | Greater Sydney comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 75–84 year olds was the most common age group among residents who needed assistance with core activities in Blue Mountains (C), accounting for 16% (843 people). This share was lower than Greater Sydney (23.1%). Since 2016, the biggest change was in 75–84 year olds, which increased by 156 people, while its share fell by 0.7 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Blue Mountains (C) - Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Greater Sydney %	Count	%	Greater Sydney %	Count	pp
0-4	62	1.6%	1.3%	67	1.6%	1.1%	-5	0.0
5-14	581	6.0%	3.4%	463	4.7%	2.7%	+118	+1.3
15-19	222	4.8%	2.7%	176	3.7%	2.2%	+46	+1.1
20-24	150	4.4%	1.8%	98	2.7%	1.5%	+52	+1.7
25-34	221	3.1%	1.3%	184	2.6%	1.2%	+37	+0.5
35-44	238	2.5%	1.6%	226	2.3%	1.8%	+12	+0.2
45-54	334	3.0%	2.9%	343	3.1%	3.2%	-9	-0.1
55-64	452	4.0%	5.5%	571	4.9%	5.7%	-119	-0.9
65-74	680	6.5%	10.5%	611	6.6%	9.9%	+69	-0.1
75-84	843	16.0%	23.1%	687	16.7%	23.4%	+156	-0.7
85+	788	44.7%	48.7%	807	49.5%	50.4%	-19	-4.8
<b>Total</b>	<b>4,568</b>	<b>5.8%</b>	<b>5.2%</b>	<b>4,228</b>	<b>5.5%</b>	<b>4.9%</b>	<b>+340</b>	<b>+0.3</b>

Data basis: usual residence.