

# Community report

## Central Coast (M) (Tas.)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Central Coast (M) (Tas.)**

COMPARISON

**Regional Tas.**

POPULATION

**Persons**

GENERATED

**26 March 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Central Coast (M) (Tas.) | Regional Tas. comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 75–84 year olds was the most common age group among residents who needed assistance with core activities in Central Coast (M) (Tas.), accounting for 18.7% (343 people). This share was similar to Regional Tas. (18.9%). Since 2016, the biggest change was in 75–84 year olds, which increased by 63 people, while its share fell by 0.2 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Central Coast (M) (Tas.) – Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional Tas. %	Count	%	Regional Tas. %	Count	pp
0-4	19	1.9%	1.7%	9	0.8%	1.1%	+10	+1.1
5-14	147	5.7%	5.6%	98	3.9%	4.0%	+49	+1.8
15-19	73	5.7%	4.9%	51	3.9%	3.6%	+22	+1.8
20-24	39	3.6%	3.8%	41	3.9%	3.0%	-2	-0.3
25-34	65	2.8%	2.8%	61	3.1%	2.6%	+4	-0.3
35-44	77	3.3%	3.3%	65	2.8%	3.5%	+12	+0.5
45-54	112	3.9%	5.2%	149	4.9%	5.2%	-37	-1.0
55-64	244	6.7%	6.9%	207	6.2%	7.1%	+37	+0.5
65-74	303	9.6%	10.0%	281	10.2%	9.6%	+22	-0.6
75-84	343	18.7%	18.9%	280	18.9%	18.3%	+63	-0.2
85+	279	43.2%	45.1%	246	47.1%	46.2%	+33	-3.9
<b>Total</b>	<b>1,699</b>	<b>7.5%</b>	<b>7.3%</b>	<b>1,483</b>	<b>6.9%</b>	<b>6.7%</b>	<b>+216</b>	<b>+0.6</b>

Data basis: usual residence.