

# Community report

## Hilltops (A)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Hilltops (A)**

COMPARISON

**Regional NSW**

POPULATION

**Persons**

GENERATED

**1 April 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Hilltops (A) | Regional NSW comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 75–84 year olds was the most common age group among residents who needed assistance with core activities in Hilltops (A), accounting for 17.1% (257 people). This share was lower than Regional NSW (18.9%). Since 2016, the biggest change was in 75–84 year olds, which increased by 59 people and 1.3 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Hilltops (A) – Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional NSW %	Count	%	Regional NSW %	Count	pp
0-4	14	1.2%	1.6%	13	1.2%	1.3%	+1	0.0
5-14	113	4.5%	5.2%	83	3.3%	3.8%	+30	+1.2
15-19	34	3.0%	4.2%	31	2.7%	3.2%	+3	+0.3
20-24	32	3.6%	3.4%	20	2.2%	2.6%	+12	+1.4
25-34	50	2.5%	2.6%	35	2.1%	2.4%	+15	+0.4
35-44	69	3.5%	2.8%	64	3.2%	3.0%	+5	+0.3
45-54	126	5.5%	4.2%	118	4.8%	4.4%	+8	+0.7
55-64	193	7.0%	6.0%	160	6.3%	6.2%	+33	+0.7
65-74	228	8.8%	9.1%	202	8.4%	8.7%	+26	+0.4
75-84	257	17.1%	18.9%	198	15.8%	17.8%	+59	+1.3
85+	249	46.0%	46.5%	245	47.5%	43.8%	+4	-1.5
<b>Total</b>	<b>1,368</b>	<b>7.1%</b>	<b>6.8%</b>	<b>1,155</b>	<b>6.2%</b>	<b>6.3%</b>	<b>+213</b>	<b>+0.9</b>

Data basis: usual residence.