

# Community report

## Mid-Western Regional (A)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Mid-Western Regional (A)**

COMPARISON

**Regional NSW**

POPULATION

**Persons**

GENERATED

**31 March 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Mid-Western Regional (A) | Regional NSW comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 75–84 year olds was the most common age group among residents who needed assistance with core activities in Mid-Western Regional (A), accounting for 16.8% (300 people). This share was lower than Regional NSW (18.9%). Since 2016, the biggest change was in 75–84 year olds, which increased by 71 people and 0.7 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Mid-Western Regional (A) - Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional NSW %	Count	%	Regional NSW %	Count	pp
0-4	17	1.1%	1.6%	12	0.7%	1.3%	+5	+0.4
5-14	171	4.8%	5.2%	108	3.4%	3.8%	+63	+1.4
15-19	58	4.0%	4.2%	26	2.0%	3.2%	+32	+2.0
20-24	24	2.2%	3.4%	24	2.2%	2.6%	0	0.0
25-34	67	2.3%	2.6%	50	1.9%	2.4%	+17	+0.4
35-44	76	2.5%	2.8%	68	2.5%	3.0%	+8	0.0
45-54	125	3.8%	4.2%	144	4.2%	4.4%	-19	-0.4
55-64	201	5.7%	6.0%	179	5.7%	6.2%	+22	0.0
65-74	248	8.4%	9.1%	221	7.8%	8.7%	+27	+0.6
75-84	300	16.8%	18.9%	229	16.1%	17.8%	+71	+0.7
85+	262	43.8%	46.5%	217	44.6%	43.8%	+45	-0.8
<b>Total</b>	<b>1,553</b>	<b>6.0%</b>	<b>6.8%</b>	<b>1,288</b>	<b>5.3%</b>	<b>6.3%</b>	<b>+265</b>	<b>+0.7</b>

Data basis: usual residence.