

# Community report

## Snowy Monaro Regional (A)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Snowy Monaro Regional (A)**

COMPARISON

**Regional NSW**

POPULATION

**Persons**

GENERATED

**1 April 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Snowy Monaro Regional (A) | Regional NSW comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 85+ year olds was the most common age group among residents who needed assistance with core activities in Snowy Monaro Regional (A), accounting for 46% (222 people). This share was lower than Regional NSW (46.5%). Since 2016, the biggest change was in 85+ year olds, which increased by 63 people and 11.4 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Snowy Monaro Regional (A) – Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional NSW %	Count	%	Regional NSW %	Count	pp
0-4	6	0.6%	1.6%	8	0.8%	1.3%	-2	-0.2
5-14	90	3.5%	5.2%	78	3.1%	3.8%	+12	+0.4
15-19	31	2.6%	4.2%	28	2.4%	3.2%	+3	+0.2
20-24	25	2.2%	3.4%	23	2.1%	2.6%	+2	+0.1
25-34	46	1.6%	2.6%	38	1.7%	2.4%	+8	-0.1
35-44	49	2.0%	2.8%	46	1.9%	3.0%	+3	+0.1
45-54	95	3.2%	4.2%	101	3.3%	4.4%	-6	-0.1
55-64	126	4.0%	6.0%	110	3.8%	6.2%	+16	+0.2
65-74	152	6.2%	9.1%	123	5.4%	8.7%	+29	+0.8
75-84	206	15.3%	18.9%	167	14.6%	17.8%	+39	+0.7
85+	222	46.0%	46.5%	159	34.6%	43.8%	+63	+11.4
<b>Total</b>	<b>1,055</b>	<b>4.9%</b>	<b>6.8%</b>	<b>881</b>	<b>4.4%</b>	<b>6.3%</b>	<b>+174</b>	<b>+0.5</b>

Data basis: usual residence.