

# Community report

## Southern Grampians (S)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Southern Grampians (S)**

COMPARISON

**Regional Vic.**

POPULATION

**Persons**

GENERATED

**1 April 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Southern Grampians (S) | Regional Vic. comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 85+ year olds was the most common age group among residents who needed assistance with core activities in Southern Grampians (S), accounting for 43.8% (256 people). This share was lower than Regional Vic. (46.4%). Since 2016, the biggest change was in 75–84 year olds, which increased by 77 people and 3.5 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Southern Grampians (S) - Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional Vic. %	Count	%	Regional Vic. %	Count	pp
0-4	9	1.0%	1.5%	8	0.9%	1.2%	+1	+0.1
5-14	89	4.6%	5.5%	47	2.5%	3.9%	+42	+2.1
15-19	36	3.8%	4.6%	28	2.8%	3.4%	+8	+1.0
20-24	30	3.9%	3.7%	22	3.0%	2.9%	+8	+0.9
25-34	58	3.5%	2.8%	40	2.7%	2.4%	+18	+0.8
35-44	47	2.8%	3.1%	49	3.0%	3.0%	-2	-0.2
45-54	96	4.8%	4.3%	85	3.9%	4.2%	+11	+0.9
55-64	120	5.0%	6.0%	112	4.6%	5.8%	+8	+0.4
65-74	159	6.8%	8.8%	118	5.8%	8.1%	+41	+1.0
75-84	233	17.3%	18.7%	156	13.8%	17.0%	+77	+3.5
85+	256	43.8%	46.4%	238	40.9%	42.3%	+18	+2.9
<b>Total</b>	<b>1,137</b>	<b>6.9%</b>	<b>6.9%</b>	<b>900</b>	<b>5.6%</b>	<b>6.0%</b>	<b>+237</b>	<b>+1.3</b>

Data basis: usual residence.