

# Community report

## Upper Hunter Shire (A)

Prepared from Community Explorer topic selections for briefing, planning and reporting use.

AREA

**Upper Hunter Shire (A)**

COMPARISON

**Regional NSW**

POPULATION

**Persons**

GENERATED

**26 March 2026**

### Included sections

1 selected topic will be included in this report.

**01** Need for assistance

### Sources and method

- Source: Australian Bureau of Statistics, Census of Population and Housing, 2021 and, where available, 2016 comparison data.
- Percentages are calculated from the denominator supplied for each topic. Change (pp) is the 2021 percentage minus the 2016 percentage when the topic is comparable across years.
- Usual residence topics describe where people usually live, rather than where they were counted on Census night.

# Need for assistance

Upper Hunter Shire (A) | Regional NSW comparison | Persons

Community report section 1 of 1

## Key takeaway

In 2021, 85+ year olds was the most common age group among residents who needed assistance with core activities in Upper Hunter Shire (A), accounting for 46.6% (189 people). This share was similar to Regional NSW (46.5%). Since 2016, the biggest change was in 75–84 year olds, which increased by 55 people and 4.3 percentage points.

## About this topic

Need for assistance measures people who report needing help with self-care, body movement, or communication because of a disability, a long-term health condition, or older age. It is a high-needs indicator rather than a general measure of disability.

This topic is useful for planning accessible facilities, care services, respite, and support for carers. The measure is based on self-report in the Census, so it should be interpreted with care and read alongside unpaid care and other disability-related indicators.

## Interpretation notes

- The measure is self-reported and records need for help with core activities, so it is not a complete measure of disability prevalence.
- It applies to all persons and is strongest as an indicator of higher support need when read with unpaid care and ageing data.

## Need for assistance with core activities by age

Upper Hunter Shire (A) – Persons (Usual residence)

Category	2021			2016			Change	
	Count	%	Regional NSW %	Count	%	Regional NSW %	Count	pp
0-4	12	1.6%	1.6%	8	0.9%	1.3%	+4	+0.7
5-14	76	4.0%	5.2%	49	2.4%	3.8%	+27	+1.6
15-19	22	2.7%	4.2%	13	1.6%	3.2%	+9	+1.1
20-24	16	2.4%	3.4%	5	0.8%	2.6%	+11	+1.6
25-34	21	1.3%	2.6%	21	1.3%	2.4%	0	0.0
35-44	34	2.0%	2.8%	40	2.3%	3.0%	-6	-0.3
45-54	58	3.2%	4.2%	51	2.7%	4.4%	+7	+0.5
55-64	95	4.9%	6.0%	89	4.8%	6.2%	+6	+0.1
65-74	141	8.5%	9.1%	130	9.1%	8.7%	+11	-0.6
75-84	164	17.4%	18.9%	109	13.1%	17.8%	+55	+4.3
85+	189	46.6%	46.5%	148	42.0%	43.8%	+41	+4.6
<b>Total</b>	<b>827</b>	<b>5.8%</b>	<b>6.8%</b>	<b>669</b>	<b>4.7%</b>	<b>6.3%</b>	<b>+158</b>	<b>+1.1</b>

Data basis: usual residence.